THINGS YOU’LL NEED

Lukas Wet Adhesive Tape
You can get this at Jerry’s Artarama, their online store, or amazon. Jerry’s usually keeps it in the watercolor supply section. Store it in a ziploc bag since any contact with water can ruin the entire roll.


HELIX Light Weight Drawing Board with PLAIN EDGE
*DON’T GET METAL EDGE*
A little pricy but bigger the better. Mine is 23 by 31. Texas Art Supply.
Take a close look and make sure it’s not cracked.
Also, any wooden board will work. You can probably even go to Home Depot, get a board, and varnish it yourself to make it waterproof. Just make sure it’s completely flat.

Step-by-step Paper Stretching Technique

1. Tear 4 pieces of wet tape slightly longer than each length of the paper. (Make sure to put the roll back in the ziploc bag IMMEDIATELY to avoid accidents!)

2. Wet the back of the paper in a center to edge motion.

3. Once the paper is moist, flip it over and using a towel, gently press/stretch it on the wooden board. Again, start from the center and move to the edge.

4. Wet the adhesive side of the tape and tape down the shorter sides first, or whichever side that is perpendicular to the grain. (If the paper is larger than the board, take extra care of the corner as it can easily wrinkle.)

5. Tape the remaining sides and let it sit and dry. Depending on the size of the paper, it may take some time to dry completely but if you’re desperate, you can use a hair dryer.

These videos will show you exactly how to do it.

If the paper is larger than the board:
http://zokeifile.musabi.ac.jp/document.php?search_key=%90%85%92%A3%82%E8&change=document_e

If the paper is smaller than the board:
http://zokeifile.musabi.ac.jp/document.php?search_key=%90%85%92%A3%82%E8&change=document_f

PICTURES(page1-4):
http://zokeifile.musabi.ac.jp/contents/mizubari/mizubari.pdf